

WHAT ARE THE SIDE EFFECTS?

- Mild bruising around the injection site (which settles in a few hours) and occasionally slight headaches. Asymmetry or drooping eyebrows are very rare.
- There are no long-term side-effects if you choose to stop using BOTOX apart from a generally improved skin.
- Some patients prefer to come regularly every 3-4 months while others want to treat their lines only once or twice every year.
- BOTOX also has positive effects on patients suffering from migraines and tension headaches.

PREVENTION IS BETTER THAN CURE

BOTOX is a prime example in supporting this statement. For younger clients, the prevention of wrinkles is always better and less intensive than treating them when they are established.

WHAT'S THE COST OF BOTOX THERAPY

We charge per unit of BOTOX, which can be 800 - 2,000 KES on average per unit depending on the type used and dilution. The therapy costs between 25,000 - 55,000 KES



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BOTOX FOR WRINKLES
BOTOX FOR SWEATING

WHAT IS BOTOX?

- BOTOX (Botulinum toxin) is a well established anti-wrinkle treatment for reversing the effects of facial wrinkles like crow's feet, worry lines and laugh lines. As we get older, the elasticity of our skin decreases and does not spring back like it used to, causing lines and wrinkles to become permanent. BOTOX relaxes the muscles which cause these wrinkles and lines and thus gives us a softer, less tired and more relaxed appearance: Your friends will ask you, "Did you go on holiday?"
- We use established botulinum brands from internationally controlled companies, like Botox (Allergan), Vistabel (Allergan), Azzalure (Galderma) or Xeomin (Merz). BOTOX is a simple, non-surgical, physician-administered treatment. As a solution of purified proteins, it is the only treatment of its type approved by the Food and Drug Administration (FDA).
- BOTOX works best on the upper third of the face: forehead furrows (worry lines), glabellar frown lines (between the eyebrows), and lines around the eyes (crow's feet), as well as to lift the corners of your eyebrows. Other areas include nasal lines (bunny lines), fine wrinkles on your upper lip (smokers lines), dimpled chin, neck lines/ platysma bands and gummy smile which can all be corrected with BOTOX.



WHAT'S THE PROCEDURE?

- The procedure itself takes no more than 20 minutes and is generally not considered painful, with minimal side effects.
- BOTOX takes about 2 weeks to fully activate and relax the targeted muscles, but you will start to notice changes within 5-10 days. It will last for approximately 3-4 months, after which the action will start to wear off as new nerve endings begin to grow and the BOTOX is broken down gradually.



HYPERHIDROSIS (EXCESSIVE SWEATING) TREATMENT WITH BOTOX

- Hyperhidrosis is a relatively common condition that affects many people, both men and women, starting at any age.
- The condition is harmless but can be embarrassing and distressing, interfering with normal life.
- At the Vitality Fountain Clinic in Nairobi we treat excessive sweating of armpits and underarms (axilla), forehead / face and hands / palms, and in special circumstances also the feet.
- Your treatment of hyperhidrosis (excessive sweating) will take about half an hour to 45 min to perform, and usually involves numbing the area to be treated with Botox beforehand for 20 min so that the therapy is as painless as possible. The effects will last 6-8 months, sometimes even longer. Following repeated therapy sessions, the effects tend to last even longer than 6 months.
- The therapy is minimally invasive with no downtime or recovery time necessary. It is quick and safe to perform and can be repeated once effects wear off.
- Your comfort level will increase allowing you to wear any clothes, improving your confidence and performance.